Liberation of the Pericardium

Introduction

Ostheopathy was originally developed at the end of 19th century by Andrew Taylor Still, a north-american doctor whom observed the tight relation betwen all of the human body's elements, from the most sutil to the most dens. Taylor Still saw the fisfunction of some of these elements could have repercusions on our global health state.

Ostheopathy Bioenergetic Cellular (OBC)

Stands out the importance of the emotional impact on our health state, and the function of the protection mechanisms, situated in the heart, against those impacts. Those mechanisms develope themselves from the Pericardium, which is a group of very resisting membranes that surround, protect and fix the heart in the mediastinum. Our heart is the vital organ par excellence, and is also the receptor and catalyst of our emotional and spiritual life. Against fear or any other kind of threat, the Pericardium reacts retracting itself, permiting the heart to keep on pumping blood to maintain us alive.

Importance of the PERICARDIUM

For its multiple anatomical and neurophisical insertions, any reaction of the Pericardium affects extensively all of our organism. The Pericardium is intimately linked to the heart, the diaphragm, the pleuras, the trachea, the esophagus, the entry of the stomach, the principal arterial and venous tracts, the phrenic centre (responsible for the respiration), the stellar ganglion (key in the regulation of the neurovegetative nervous system), the base of the craneum, the intracraneal membranes, the Tiroides and Thymus' glands; plus numerous ligaments that link it directly to the spine from the sacrum to the craneum's base.

beside of its anatomical and neurophisical relations, the Pericardium-Heart is an essential piece in the comprehension and evolution of the human being. It's in the Pericardium-Heart where the body and the soul re-unite, permitting the manifestation of the Spirit.

Montserrat GASCÓN

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